

Sentido Norte

DINNER MENU

Appetizers

GAZPACHO V, VG, GF plantain croûtons	10
'BLT' LETTUCE CUPS crispy pork belly, tomato, onion	12
HEARTS OF PALM CEVICHE V, VG, GF avocado & tomato	14
CEVICHE GF red snapper, avocado-corn relish, passion fruit leche de tigre	15
CEVICHE PUNTA PENCA GF shrimp, octopus, lime, tomato, avocado	17
CRISPY CALAMARI yellow aji aioli, marinated red onion salad	15
GRILLED TICO CHEESE SALAD V, GF warm tomatoes, spiced cashews, basil-lime oil	12
GREEN SALAD V, VG, GF asparagus, avocado, hearts of palm & pickled 'cocoro' chayote add chicken paillard +7 fish of the day +13	12
CESAR SALAD romaine lettuce, kale, plantain croûtons, homemade dressing add chicken +7 fish or shrimp +13	18

Mains

TUNA POKE raw tuna, mango, avocado	24
SEARED FISH OF THE DAY A LA PLANCHA GF green beans, coconut-lime sticky rice	28
GRILLED FISH OF THE DAY GF asparagus, chorizo-roasted potatoes, spicy caribbean sauce	28
SEAFOOD 'RUNDOWN' STEW GF shrimp, fish, sweet potato and baby chayote, served over sticky and wild rice	28
OCTOPUS & MUSSELS GF pan sautéed with roasted garlic and white wine butter, french fries	29
SEAFOOD RISOTTO GF octopus, shrimp, mussels and fish	29
MUSHROOM & LAMB RISOTTO GF slow braised with porcini and portobellos	29
CHAMELEON BURGER avocado, caramelized onions, chile morrón, panama pepper aioli, choice of swiss or goat cheese	19
FRIED CHICKEN chipotle butter grilled corn, green salad	24
STEAK FRITES GF skirt steak, chimichurri sauce and salad	30
USDA CHOICE NY STRIP OR RIBEYE pommes parisien, demi-glace	32
PASTA A LA DIABLA roasted tomatoes and peperoncino sauce, add chicken +7, fish or shrimp +13	17
TAGLIATELLE HUANCAÍNA yellow aji and farmer's cheese sauce, add steak +7, or fish +13	15

To the best of our ability we source all of our products from local farmers and fishermen. Sentido Norte is vegetarian friendly and mostly gluten-free. All menu prices are in US\$ and include 13% tax and 10% service